

# **OCCUPATIONAL SAFETY AND HEALTH PASSPORT**

## **TRAINING PROGRAM**

### **ANNOTATION**

Training program intended for employees, traveling to work in the European Union countries, to provide knowledge about creating safe and health-friendly working conditions, safe work methods performing different jobs. During the training, special attention will be paid to the rights, duties and responsibilities of employers and employees in the field of occupational safety and health, occupational risk assessment and prevention measures, the procedure for performing dangerous work, the procedure for assigning and using personal protective equipment, the causes of accidents and its investigation procedure and prevention.

The training program consists of the General part, which will explain the legal regulation of occupational safety and health in the European Union, and the M1 and M2 modules. The M1 module is intended for those traveling to work in Finland and other Scandinavian countries, the M2 module is intended for those traveling to work in the Netherlands, Belgium and other European Union countries.

Duration of training (each module) is 8 academic hours. During the theoretical training, after each training topic, intermediate tests are solved. When the theoretical training is completed, the discussion and consultation of the program is performed and the solution of the final test is carried out.

No.	Subject title	Number of hours
		Theory
<b>I</b>	<b>GENERAL KNOWLEDGE LEGAL REGULATION OF OCCUPATIONAL SAFETY AND HEALTH IN THE EUROPEAN UNION</b>	<b>1</b>
<b>1.</b>	<b>Overview of occupational safety and health requirements in workplaces:</b>	
1.1	overview of occupational safety and health legal regulation in Lithuania, European Union;	
1.2	employees education, training, involvement and responsibility development in the field of safety and health;	
1.3	employers and employees' rights, duties and responsibility in the field of occupational safety and health.	
<b>II</b>	<b>M1 OCCUPATIONAL SAFETY AND HEALTH IN FINLAND AND OTHER SCANDINAVIAN COUNTRIES</b>	<b>6</b>
<b>1.</b>	<b>Professional risks factors in the workplace:</b>	
1.1	identification, evaluation and analysis of professional risks factors, in all workplaces;	
1.2	safety measures for the management of risk factors in the workplace	
<b>2.</b>	<b>Organization and performance order of dangerous works:</b>	
2.1	work with lifting equipment and devices;	
2.2	work at height, organization and execution order in closed and confined spaces;	
2.3	peculiarities of working with chemical and other dangerous substances	
<b>3.</b>	<b>Personal and collective protective equipment:</b>	
3.1	personal protective equipment, its selection and procedure for use	
3.2	installation of collective protective equipment and its purpose	
3.3	marking and labeling of workplaces	
<b>4.</b>	<b>Causes and prevention of accidents at work:</b>	
4.1.	causes of accidents, actions of the employee and employer in the event of an accident;	

4.2	the impact of communication and control on accident prevention;	
<b>IV</b>	<b>TRAINING DISCUSSION, CONSULTING, TESTING.</b>	<b>1</b>
	<b>Total, hours: I+II+IV parts</b>	<b>8</b>
<b>I</b>	<b>GENERAL KNOWLEDGE LEGAL REGULATION OF OCCUPATIONAL SAFETY AND HEALTH IN THE EUROPEAN UNION</b>	<b>1</b>
<b>1.</b>	<b>Overview of occupational safety and health requirements in workplaces:</b>	
1.1	overview of occupational safety and health legal regulation in Lithuania, European Union;	
1.2	employees education, training, involvement and responsibility development in the field of safety and health;	
1.3	employers and employees' rights, duties and responsibility in the field of occupational safety and health.	
<b>III</b>	<b>M2 OCCUPATIONAL SAFETY AND HEALTH IN THE NETHERLANDS, BELGIUM (VCA) AND OTHER EUROPEAN UNION COUNTRIES</b>	<b>6</b>
<b>1.</b>	<b>Assessment and prevention of hazards and risk factors:</b>	
1.1	identification of risk factors, noise, physical exertion. Prevention measures.	
1.2	task risk analysis and control assessment before the start of work, procedure for assigning and using personal protective equipment;	
<b>2.</b>	<b>Training and instruction of employees:</b>	
2.1	general and special occupational safety rules (instructions);	
2.2	purpose of work permits, issuing procedure, work execution procedure.	
<b>3.</b>	<b>Labeling of workplaces. Safety signs.</b>	
<b>4.</b>	<b>Procedure and safety requirements for working with equipment, devices and tools:</b>	
4.1	general requirements for safe work with equipment (lifting cranes, forklifts, trolleys); organization and execution of works;	

4.2	principles of safe work with motor tools and mechanisms, non-electrical tools; organization and execution of works;	
<b>5.</b>	<b>The procedure for the organization and execution of hazardous works:</b>	
5.1	work with chemicals, labeling of chemicals, personal protective equipment; procedure for safe work with asbestos.	
5.2	work at height, in confined spaces, soil digging, demolition works, works organization procedure, procedure for using safety equipment;	
5.3	requirements for safe work with electrical equipment, work performance procedure.	
<b>IV</b>	<b>TRAINING DISCUSSION, CONSULTING, TESTING.</b>	<b>1</b>
	<b>Total, hours: I+III+IV parts</b>	<b>8</b>